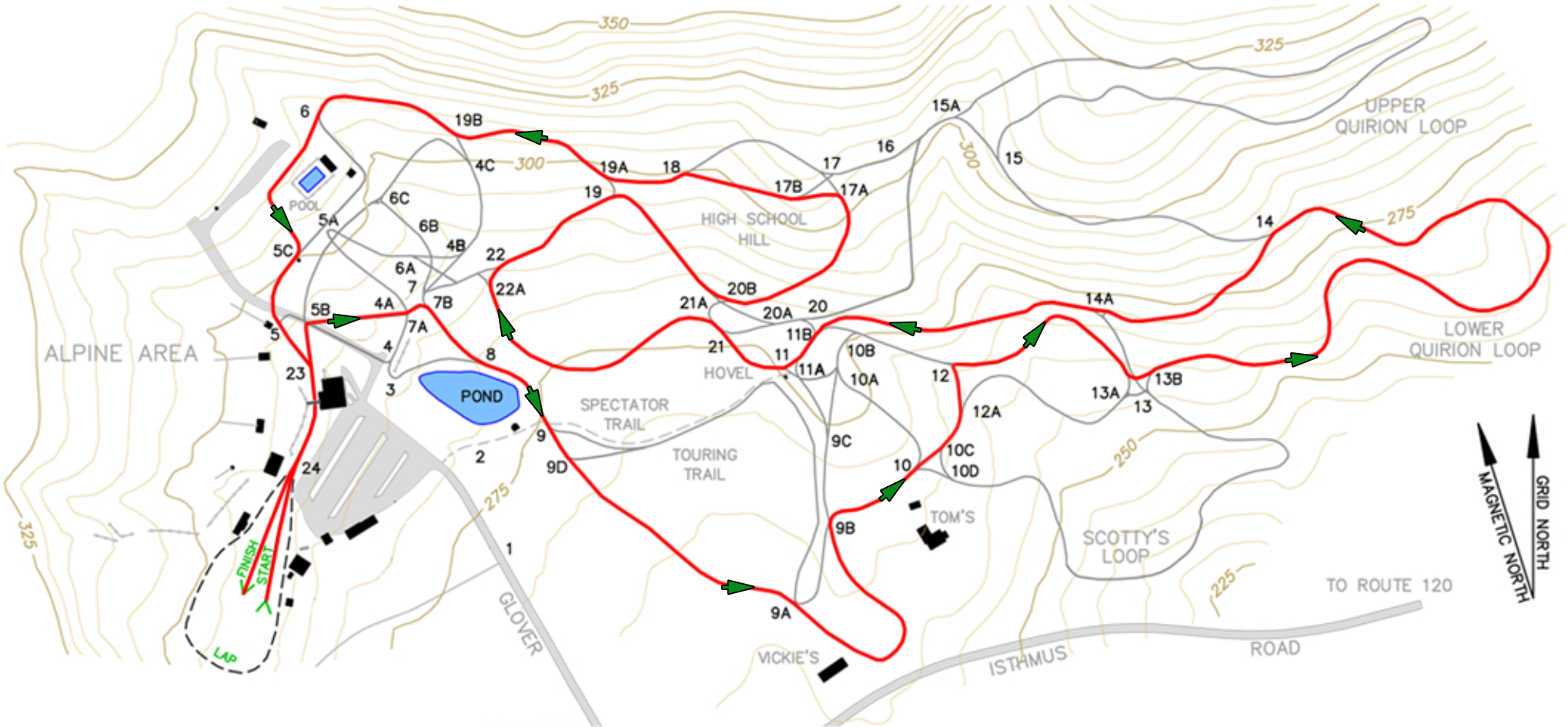
BLACK MOUNTAIN OF MAINE

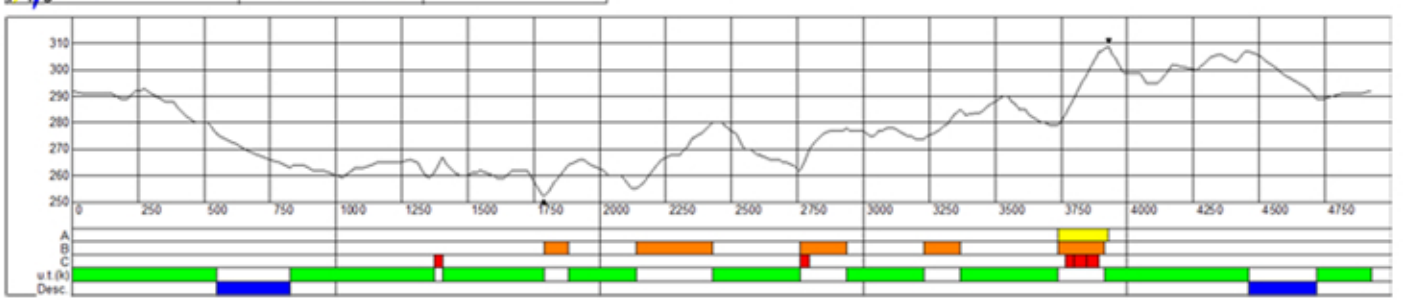
2019 SASSI MEMORIAL 5K

Using Modified Paul's 5K • 4926m • January 26, 2019



Modified Paul's 5.0 K 2018

Course length:	4926m	Height Difference (HD):	57m	Lowest point:	252m
Category:		Maximum Climb (MC):	30m	Highest point:	309m
Competition Level:		Total Climb (TC):	151m		

100 50 0 100 200 300m

CONTOURS: 5 METER