

# Mountain Valley Conference 2009 Skiing Championships

## Day One

Location: Black Mountain of Maine – Rumford

Date: Thursday, Feb 5<sup>th</sup>, 2009

Makeup Date: Friday, Feb 6<sup>th</sup>

## Schedule of Events

### **Giant Slalom/Freestyle**

6:45 – 7:30 Alpine Giant Slalom registration at race headquarters; bibs, fees, running orders

7:45 Alpine coaches and officials meeting in Main Lodge Conference Room

8:00 Lift opens for athletes

8:00 Gate Keepers meeting in Main Lodge Conference Room (**each school provides 1 gatekeeper**)

8:00 – 8:45 Course inspection

8:45 Course Closed

9:00 Start of alpine Giant Slalom race – 2 runs Men/Women – possible reset between runs

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12:00 – 1:00 Nordic Freestyle – registration at race headquarters; bibs, fees, running order

1:00 Nordic coaches and officials meeting at hand timing building

2:00 Nordic 5K Freestyle Men's start – 15 second intervals

3:00 Nordic 5K Freestyle Women's start – 15 second intervals

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Fees: Alpine \$15.00/athlete

Nordic \$ 9.00/athlete

Make checks payable: **Chisholm Ski Club**

Bibs: Bibs provided by Chisholm Ski Club

No racer allowed on race trail or course without correct bib visible. Athlete may be disqualified.

Tickets: All athletes, coaches, race staff, volunteers, spectators must have ticket to ride lift or ski on trails.

Running Orders: 8 athlete teams (8 men and 8 women maximum per event, plus athletes that are competing for skimeister and are not part of team). Please list skimeisters separately. Send running orders for Alpine and Nordic to Chisholm Ski Club at [chisholmski@roadrunner.com](mailto:chisholmski@roadrunner.com) (Bob Arsenault: 357-8844) by Monday Feb. 2<sup>nd</sup>. Please include number of non-participating athletes requiring tickets.

Volunteers: Schools must provide one Gate Keeper/Course Worker each for the Giant Slalom event. Skiing volunteers will be issued a Lift Pass as needed. Send Volunteer names to John Bernard (357-8681) by Monday Feb. 2<sup>nd</sup>.

Passes: Maximum of 3 coach Lift Passes will be issued per team. All non-participating athletes will be required to purchase a lift/trail ticket (\$15.00/Alpine or \$9.00/Nordic).